

October 18, 2018 Update and Progress!

It's been five weeks since I fell in my house in Haiti and landed on the cement floor on my left hip the night before returning to the United States. That certainly changed my fall schedule! I returned to Greenville, South Carolina, and the x-rays showed a fracture which was pinned the next afternoon. Several people said I probably needed some rest, but there has been lots to do, even if I get it done slowly and need extra help. There is now an update presentation available on my website, the quarterly prayer letter went out, and I have filed some important reports with the mission.

Home physical therapy was a great challenge at first. It seemed like all the muscles around the hip and thigh went on vacation and did not want to return to work. That has slowly been getting better, and last Friday saw the start of supervised use of a quad cane of the front steps of the house. This week there was walking with the cane in the house, and today Peter, my therapist, had me walk up the driveway to the mailbox and back. He said I am ready for out-patient therapy next week, and I already have an appointment. He also said I am ready to go out more (Walmart!) with the walker; the quad cane is for limited use in the house right now.

My friend Janice and I have been grateful for the many people from our home church who have brought meals. It has been a blessing and encouragement to have this practical support while I was unable to do much in the kitchen.

Praise There have been so many cards and kindnesses!

I have had aches (especially the day after therapy sessions!), but not much pain, for which I praise God.

The supporting church in Wilmington that had so much damage from Hurricane Florence will be able to meet in their fellowship hall for services this Sunday. It was good to hear that the building was not destroyed as originally reported.

Prayer I have an appointment with my orthopedic surgeon this coming Thursday. It would be good to hear that the x-rays show healing of the bone and no further compression.

Please pray that therapy will help the hip and thigh to return to normal function.

I plan to go to as many of the remaining scheduled meetings as possible and considered reasonable by those responsible for my care.

Thank you for your prayers as I continue on this unexpected detour. It is good to know that it was not a detour in my Father's eyes, but part of His plan for my life.

In our Lord's service,

Dr. Anne